

HOW TO BECOME A BUTTERFLY



We have only today let us begin
~Mother Teresa~

Who Am I?

Hello my name is Robin and I am your life guide....for this journey we are about to take together

To start with let me share a little bit about who I am I am a psychic and a medium

My own path has been filled with many challenges and for a lot of years I struggled to come to terms with my gifts as I shall call them....mostly out of fear of being rejected by the community I lived in or shunned by the people I cared about.

But eventually the pull to stand in the truth of who I was became greater than my fears and doubts

My Mother trying to protect me from what she had experienced as a 'Psychic....gave me some very negative messages around being intuitive.

It took a long time to shake off those messages

To cut a long story short since coming out as a psychic I have used my gifts in many different ways such as giving talks at youth groups...doing psychic parties and readings

And now I am using them to guide people through life

Lesson One an Introduction



Scientific research has shown that the butterfly is the only living being capable of changing entirely its genetic structure during the process of transformation: the caterpillar's DNA is totally different from the butterfly's. Thus, it is considered a symbol of total transformation.

Now what about you?



This is not about changing you into someone else but getting you to embrace the person you were born to be. It is about transforming your life and the way you think about yourself and the world around you.

This is not about me answering all your questions because it is well known it is the struggle of breaking free of the cocoon which helps the butterfly dry its wings and fly....if I were to open the cocoon before the butterfly was ready it would simply die

What I hope to achieve is to create a subtle shift which will enable you to build on what you learn each week

The first stage of this transformation process is the caterpillar stage where we tend to go from one thing to another basically surviving as best we can

The second stage is the cocoon stage this is where we try to find out who we are and what we want by going within.

The third stage is where we begin to understand ourselves and embrace our journey.

The final stage is where we awaken to the butterfly within find our true selves, spread our wings and dance in the sunlight.

Thank you for taking this journey with me always remember you are a divine walking miracle

Robin J :o)

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